

is purely internal and controlling the depraving propensities step by step. He is called deva and his course of action is Divyachar.

Now you may say in the first phase there may be some physical obstacles that can be surmounted by the grace of the Lord. In the second phase also there are obstacles, māyic obstacles, but that can be overcome by the grace of the Lord. And the Lord clearly says:-

'Deevihasa Guna mayi Mama Maya duratya  
Mameva Ye prapadhyante Mayametam-  
tarantite.

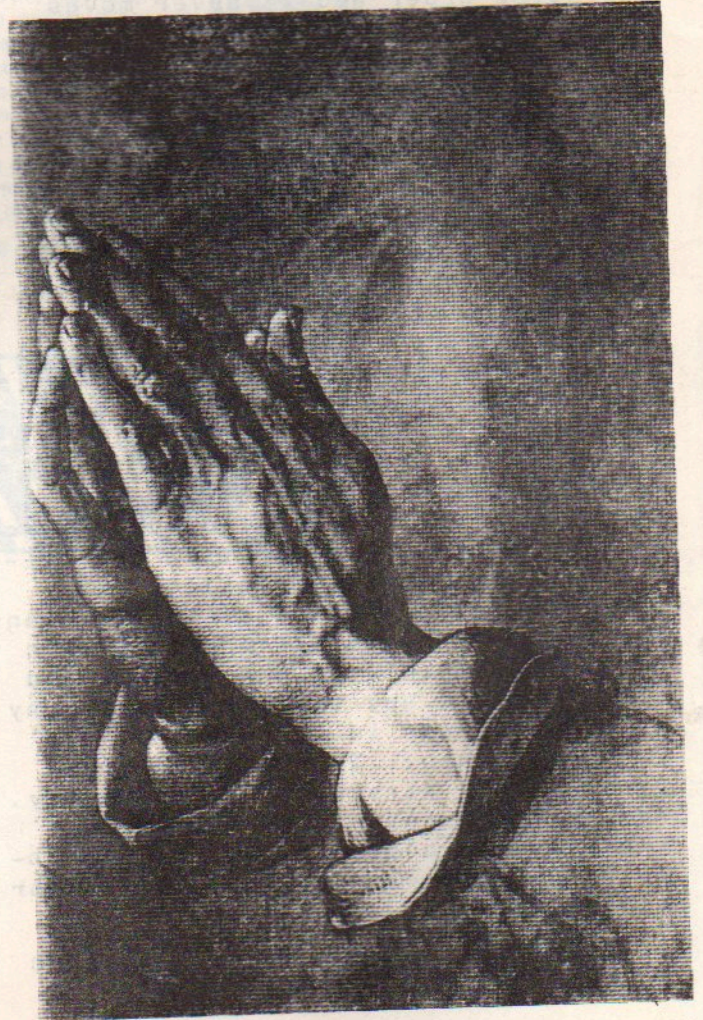
This maya - this depraving faculty or this avidya shakti is my Maya. She is under my control. 'Shaktihsa Shivasya Shaktih'. So the aspirant who has surrendered at the altar of the Supreme need not be afraid of Maya because the Lord, before whom he has surrendered, controls the Maya. 'Deevihyasa Guna Mayi Mama Maya duratya'. This Maya of mine is insurmountable. But 'Mameva Ye Prapadhyante Mayametam Tarantite'. But who has taken shelter in me, Mayametam taranti, he will easily cross over this Maya. So a spiritual aspirant need not be afraid of this Maya. Maya can do nothing because the Lord is with him.

In Pasavachar and Virachar, he is helped by the Lord to fight against Maya. What is Divyachar? From the manifestation, the Supreme cause is noumenal. From this comes out the vibrational faculty and the entire universe. All the manifestations are nothing but a mass of so many vibrations of so many wavelengths and this is why there is variety in this world. 'Prakaroti iti prakrti Prakrah Karit iti Prakrti.'

Now in the third phase the aspirant becomes one with a particular vibrational expression. Slowly he moves towards the nucleus of the universe That controls all the vibrations. If a particular vibration is to be called a deva, then the supreme controlling faculty of the devas is to be called Mahadeva. 'Tvam Ish-

waranam Paramam Maheshwaram Mahadeva. Finally it becomes one with the nucleus, it controls all those vibrational expressions - all those devas - he himself becomes Mahadeva.

Pasavachar, Virachar and Divyachar. These are tnatric phases of spiritual progress. Now there is a knotty question - in this spiritual progress all three avenues, i.e. Bhakti, Jinasim and Karma have been recognised by the sages. Yes, all those three are avenues of progress, there is no doubt in it, but you should remember that if the progress is of Jinanmika then in the final phase you will have to take shelter, rather you have to be under the scope of Karma and Bhakti. Without Karma, passive  
cont p. 22



# ntime

by Amalina

Mountains, worn  
smooth and low  
are the shoulders of the earth,  
bearing their burden of eternity.  
Wayward rivers share their  
waterfalls of laughter  
with the ferny green shadows  
and on the flatlands  
become winding silver streams  
and quiet billabongs.  
The black ashes of fires  
once sent their smoke  
to Your clouds.  
The muscle-hard legs of  
the black-man  
raced against Your winds  
and the grey dingo-dog  
howled to the sun-red skies.  
Land of gum trees  
grey-green dabbles against  
snake-white streaks  
and shaggy orange-barked statues:  
land of salt -  
salt in the rich red earth  
in the vast blue sea  
in the sweat on  
the brow of the  
black woman's baby.  
Vast primeval land,  
echoing the memories of the dinosaurs,  
throbbing the blood-beat  
of the age's seasons.  
Land of the cracked clay river,  
creeping and swarming with ant-soldiers,  
land of the open night above  
and its thousand bird's eye lights.  
Land of the south  
unchanging since time began  
You have waited, watched,  
longed,  
for all your creatures and plants,  
all Your teeming life  
to reach out and cry to Your Creator  
to return home.  
The Spirits of Your past  
await Your coming  
to bow in harmony  
with all nature  
and drink in Your presence.

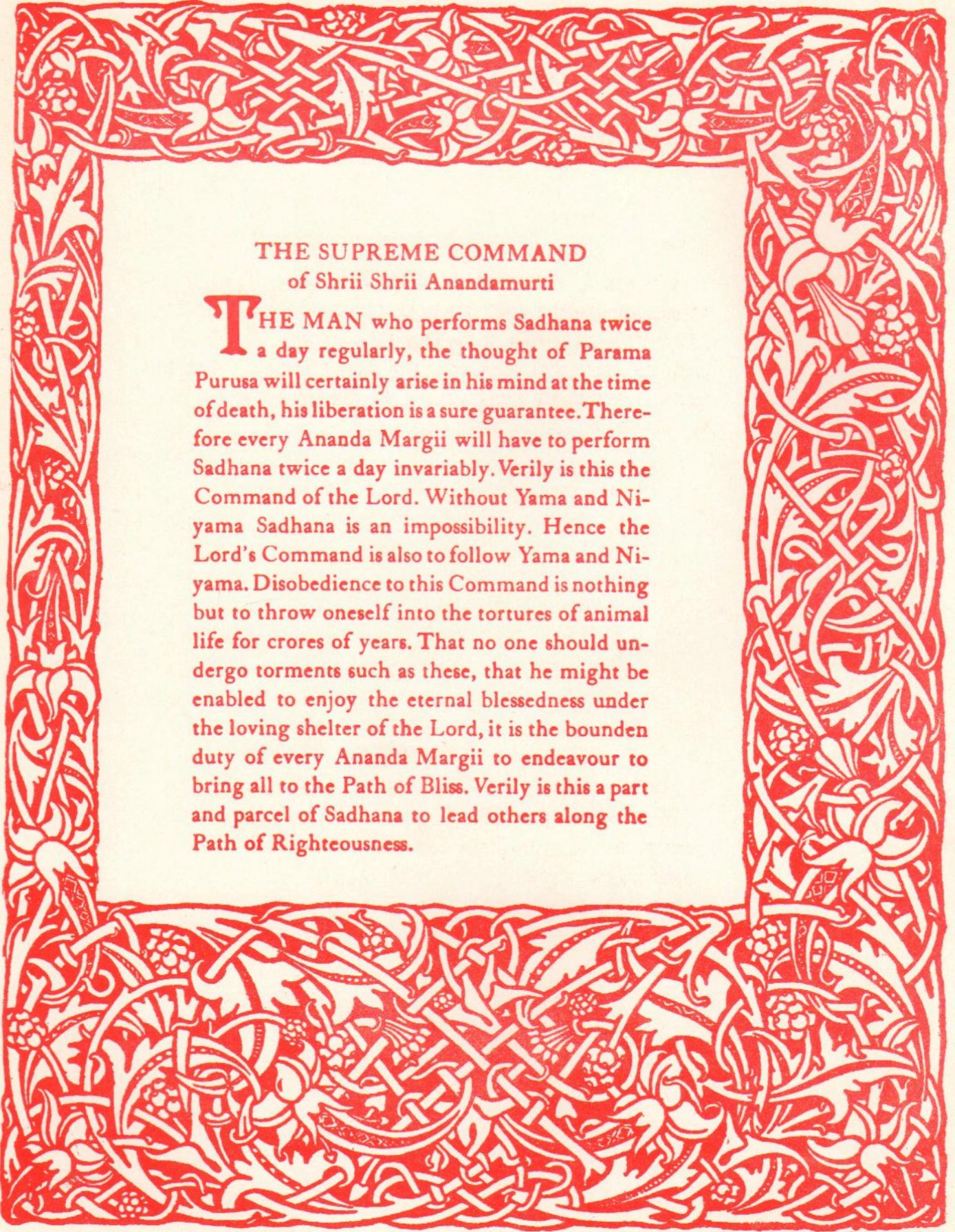


# PRANAM



SASTAUNGA  
PRANAM

# 13 MAY 1976



THE SUPREME COMMAND  
of Shrii Shrii Anandamurti

**T**HE MAN who performs Sadhana twice a day regularly, the thought of Parama Purusa will certainly arise in his mind at the time of death, his liberation is a sure guarantee. Therefore every Ananda Margii will have to perform Sadhana twice a day invariably. Verily is this the Command of the Lord. Without Yama and Ni-yama Sadhana is an impossibility. Hence the Lord's Command is also to follow Yama and Ni-yama. Disobedience to this Command is nothing but to throw oneself into the tortures of animal life for crores of years. That no one should undergo torments such as these, that he might be enabled to enjoy the eternal blessedness under the loving shelter of the Lord, it is the bounden duty of every Ananda Margii to endeavour to bring all to the Path of Bliss. Verily is this a part and parcel of Sadhana to lead others along the Path of Righteousness.

# GURU VANDANA

AKHANDA MANDALAKARAM VYAPTAM YENA CARACARAM,  
TATPADAM DARSHITAM YENA TASMAE SHRII GURAVE NAMAH.  
AJINANA TIMIRANDHASYA JINANAINJANA SHALAKAYA,  
CAKSURUNMIILITAM YENA TASMAE SHRII GURAVE NAMAH,  
GURUR BRAHMA GURUR VISNU GURUR DEVO MAHASHVARAH,  
GURUREVA PARAM BRAHMA TASMAE SHRII GURAVE NAMAH.



UNDER THE VERY SHELTER OF THE VIBRATIONS OF  
ENERGY THAT HAVE BEEN CREATED BY SHRII SHRII  
ANANDAMURTIJI THROUGH THE VARABHAYA AND  
JANUSPARSHA MUDRAS, YOU PROGRESS YOURSELF AND  
TAKE THE WORLD ALONG THE PATH OF ALL ROUND  
WELFARE.

ONM SHANTIH ONM SHANTIH ONM SHANTIH

# ANANDA VANII

THE VERY IMPORT OF THE HISTORY OF HUMAN WELFARE IS THE HISTORY OF STRUGGLE AND STRIFE. EVEN THE SWEET GOSPELS OF PEACE COULD NOT BE PREACHED IN AN ENVIRONMENT OF PEACE AND COMPOSURE. DEVILS DID NOT ALLOW THE APOSTLE OF PEACE TO WORK PEACEFULLY. THAT IS WHY I SAY PEACE IS THE EFFECT OF FIGHT.

THIS ENDEAVOR AT THE WELL-BEING OF THE HUMAN RACE CONCERNS EVERYONE --- IT'S YOURS, MINE AND OURS. WE MAY AFFORD TO IGNORE OUR RIGHTS, BUT WE MUST NOT FORGET OUR RESPONSIBILITIES. FORGETTING THE RESPONSIBILITY IMPLIES THE HUMILIATION OF THE HUMAN RACE.

IN ORDER TO MARCH AHEAD ON THE ROAD OF HUMAN WELFARE, WE WILL HAVE TO BUILD OURSELVES IN ALL THE ARENAS OF OUR LIFE. THE WHOLE SEEDS OF WELFARE IN ALL THE SPHERES --- PHYSICAL, MENTAL, MORAL, SOCIAL AND SPIRITUAL --- ARE EMBEDDED IN THE SIXTEEN POINTS. HENCE BE FIRM IN THE SIXTEEN POINTS.

ANANDAMURTI

13 MAY 1976

TO OUR BELOVED BĀBĀ'  
articles written by His Grace from

# Acarya Shivananda Avadhuta

WHY HE, THE LORD HAS COME  
IN THE FORM OF BĀBĀ'

The creator of this universe, the Master of the created universe has come in the name and form of Baba in this twentieth century. What is the meaning of Baba? There is a Sanskrit word Bapra, which means loving father. This is very ancient Sanskrit word, the modern Sanskrit scholars do not use this word now. This word changed in to different words in different languages and different parts of India. In Gujrati - Bappa, in Hindi; bhojpuri, Maithuli; Babu, and also Rapa. In south India it became Appa, in Indian musselmans, Abba. This was such an attractive, lucid, sweet and affection, loving word appropriate for a loving father, that in European languages it became Papa and in Bengali (Baba). But in ancient local languages such as prakrita, and other changed languages in India, Baba was used. Previously it was used for Divine personality or Saints. There Lord Shiva was for the first time called Baba Bholenath, 'Baba Baidyanath', Baba Shankar Bhole, Baba Hara Hara Mahadeva.

In this way people call Lord Shiva by different names. As Lord Shiva was the greatest of the divine personalities, people found Him to be so affectionate, so loving for the human beings that they called Him Baba. Lord Shiva did many things for the service of humanity, one of them is inventions in the field of medicines. Therefore people called Him Baba Baidyanath, meaning Loving Supreme Father, the master of medicines or physicians. People normally in India say to saffron clothed person, a Sanyasi or Saint, Baba, taking them to be benevolent and loving for all. So Lord Shiva was openhearted, to be pleased easily as benevolent and loving Divine Father, people called Him Baba Bolenath, meaning one who is very simple and kind at heart and easily pleased and also, who is the master of simple hearted devotees. The simplest are nearer to God. By spiritual practice curvatures of mind filled with different good and bad feelings become straightened and hence the mind and heart of devotees become simple.

The simple heart is liked by the Lord. Even in this world parents feel more affection for their children who are simple and not cunning.

You know, in Asian countries Aryans, Dravidians and Mongols were always fighting. The life of the people had become hell. Among the Aryans there was caste system which made differences between man and man. People were divided and separated. The Supreme Father did not like it. He wanted all the children as created beings to be one and enjoy spiritual life. Therefore as master, controller, and Lord of the Lords Mahadeva, He had to come. He came, He loved and removed the difference of the above mentioned races bringing them to one platform of human race.

In this modern day of the twentieth century, clouds of destruction are hovering around the whole world. The animality, brutality, has overpowered human beings. There is no peaceful life anywhere. This universe now needs a strong controller, a most loving personality to love the created beings and save it from expected disaster. So the Lord Anandamurti, the embodiment of love and bliss! Who will love this universe as a whole? Save and except the creator who will love? So during this inauspicious time for human beings He has come making it auspicious. This time, this era is Ananda Era, the auspicious era of Bliss. He has come as the controller, as master, so He is Lord. But the most important point is that He has come in most loving, most affectionate form as Supreme Father, so out of love His children call Him Baba.

Baba, the most loving Supreme Father has come to love His created beings and save them from evil forces as He is almighty. There before His advent He has a Samkalpa, the all around welfare of His created children of this universe not only of this earth. When I say universe, it means, earth, sun, moon, stars, and planets. Perhaps you don't know, the existence of created beings is dependant on all stars, planets, sun, moon, etc, and also their existence is dependent upon other created beings, planets and stars. Even by the presence of one developed, spiritually evolved person all the earth, sun, moon, stars, and planets are benefitted. Then who can imagine when the Creator Himself becomes present, the welfare of the creation? He is the nucleus of the creation, He is the vitality of the Universe,

He is the life energy of the universe. He is the caretaker of the universe, He is the hub of the universe from where life, energy, vitality is being supplied to all. So when He takes form, some more care He takes, and all are benefitted. So He has come to love the whole universe. He has started giving in physical expression in the form of Service.

He wants that His divided children in numerous religions, political, social and racial groups should come together under one platform of undivided humanity and enjoy peace and happiness, to dance and play in spiritual ecstasy and to enjoy human life.

He came in most loving form, hence He is called Baba. Oh, Baba! Those blessed hundreds and thousands and the gracious ones who have seen Him in spiritual congregation called Maha Cakra can tell you what they have enjoyed. Nothing can be like that. All sorrowful, sad, full of anxieties simply sitting in the congregation, before the most affectionate father, Baba, forgetting in seconds all these anxieties, sorrows, and sadness. Thrilling, crying, weeping, out of spiritual joy, in ecstasy for which saints aspire for lives and lives together.

Thousands who were to die or suffer from serious diseases got life and health. Thousands of unhappy families became happy and harmonious after seeing Him. Ask those who have met him alone in His personal contacts. Let them tell of their experiences. Some will tell you, He can read your heart, nay, He can tell your whole history from birth till now and future. Some will say if you look at Him you will find that nobody can be more loving than Him. Oh! you can drown yourself in the sweet honeyed ocean of love of Him, the Baba. You will forget all your problems, pains and will reach the blissful sphere, the Baba's subtle land, which by years of spiritual practice can't be achieved. Such is the gracious love of Baba.



**"IF YOU PEOPLE FAIL TO MATERIALIZE MY MISSION  
I WILL CREATE EARTHQUAKE, TEMPESTS, ETC. -  
AND MAKE THE PEOPLE SURRENDER TO ME."**

- BA'BA' -

By His personal behaviour He would not allow anybody to know that He is Lord, He is Bhagawan. He would talk to you, meet you like the most affectionate father. Oh! there are thousands of youths who have dedicated themselves for the service of humanity, because He wants to love, He wants to serve His children of this universe.

Sometimes when He is in the mood of Preceptor, sometimes when He is in the mood of the Lord, then something is expressed by which people could see and understand He is almighty, all knowing and all pervading. Yes, He has control over rain, clouds, air, sun, moon, planets and stars. He can send your mental body to any planet and you can study there and then return. Loving father allows you to know such higher things.

His simple touch, simple glimpse of

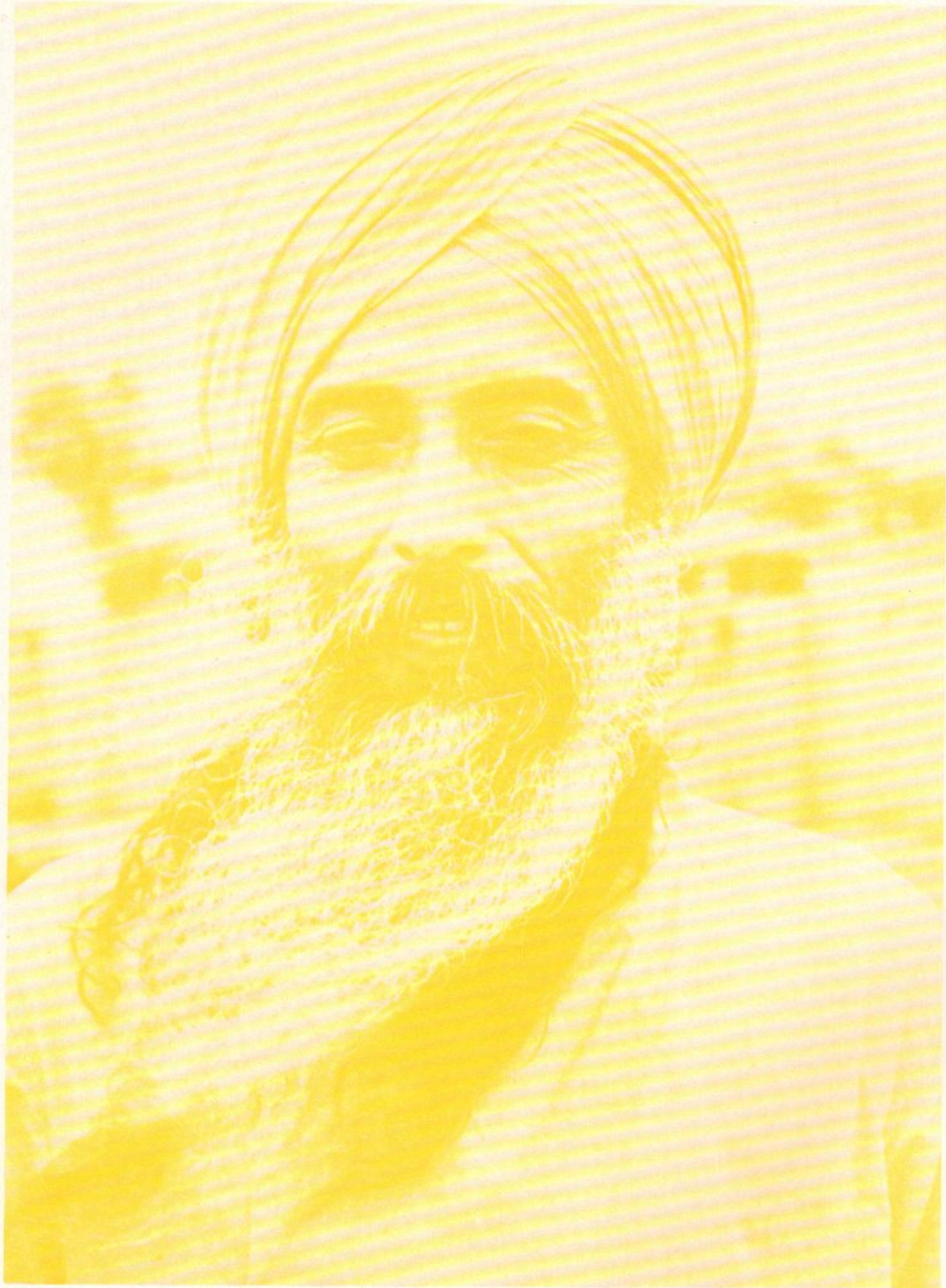
Him for seconds, makes hundreds of poets, writers, orators, leaders, singers. There are hundreds alive who have become these things by His touch and darshan (darshan - holy presence). Most ordinary persons, now by His grace possess extraordinary mental faculties, occult powers and spiritual higher state called Siddhas. This is the gift, divine gift of Baba, Supreme Father to His children.

Blessing is His Ananda Marga cult of spiritual science which has made millions and millions happy through out the world. He wants to see His people through out the world physically happy, hence He has given theory of Prout, for the availabilities to all to live happily and well. He has come to make all happy, big or small.

'BABA NAM KEVALAM'

**"I Will Make Gods  
Of My Workers And  
Great Saints Out  
Of My Margiis"**

**Ba'ba'**



## Shock of Separation

The flame of Separation is burning intense,  
 Oh my loving Baba! Oh my beloved Baba!  
 Every moment is burning in the fire of separation,  
 Oh my loving Baba! Oh my beloved Baba!  
 Your beautiful temple,  
 The hearts and minds of your devotees,  
 Oh my loving Baba! Oh my beloved Baba!  
 You yourself gave them love,  
 Kept them in the atmosphere of love,  
 Oh my loving Baba! Oh my beloved Baba!  
 Which heartless cruel hands have separated you,  
 From loving you near,  
 Oh my loving Baba! Oh my beloved Baba!  
 The flame of separation is burning intense,  
 Oh my loving Baba! Oh my beloved Baba!

You can better feel, you can better understand,  
 Pitiabie conditions of your beloveds,  
 Oh my loving Baba! Oh my beloved Baba!  
 The melting hearts, the burning mental spheres,  
 Oh my loving Baba! Oh my beloved Baba!  
 Oh your beloveds on whom once you showered love,  
 Oh my loving Baba! Oh my beloved Baba!  
 Once so happy before your loving,  
 Honeyed and nectarial presence,  
 Oh my loving Baba! Oh my beloved Baba!  
 Enjoyed superhuman Love, the love divine  
 Are sad in feeling of separation oh Baba!  
 The flame of separation is burning intense,  
 Oh my loving Baba! Oh my beloved Baba!

Oh now gives pain, the remembrance  
 of your loving blissful presence,  
 Oh my loving Baba! Oh my beloved Baba!  
 Oh now gives pain, the forgetfulness  
 Of your loving blissful presence,  
 Oh my loving Baba! Oh my beloved Baba!  
 Kindly yourself remember the thrilling  
 blissful and happy atmosphere,  
 Oh loving Baba! Oh beloved Baba!  
 Which you created for your beloveds,  
 For your loving devotees,  
 Oh my loving Baba! Oh my beloved Baba!  
 The flame of separation is burning intense,  
 Oh my loving Baba! Oh my beloved Baba!

Now are impatient are your devotees,  
 Your beloveds in your separation,  
 Oh my loving Baba! Oh my beloved Baba!  
 They weep, they cry, see fearful eyes  
 Of your beloveds, of your loving devotees,  
 Oh my loving Baba! Oh my beloved Baba!  
 See their helpless condition,  
 See their hapless condition  
 Of your loving devotees,  
 Oh loving Baba! Oh my beloved Baba!  
 Save and except who can remove  
 Their pain of feeling of your separation,  
 Oh my loving Baba! Oh my beloved Baba!  
 The flame of separation is burning intense Baba!  
 Oh my loving Baba! Oh my beloved Baba!

Please don't keep away  
 So long from loving you  
 From near, your beloveds,  
 Oh my loving Baba! Oh my beloved Baba!  
 Don't keep them long jumping  
 Dying like fish out of water  
 In your paining separation,  
 Oh my loving Baba! Oh my beloved Baba!  
 You are ocean of infinite love,  
 You are ocean of kindness,  
 Oh my loving Baba! Oh my beloved Baba!  
 Now shower your love  
 And be kind and sympathetic  
 And show your gracious loving presence,  
 Oh my loving Baba! Oh my beloved Baba!  
 The flame of separation is burning intense,  
 Oh my loving Baba! Oh my beloved Baba!

Shivananda

23/4/76

*Once Acarya Dasarathaji was massaging  
 Ba'ba' - he happened to notice some light  
 come out of Ba'ba's feet.*

*"What is that light?"*

*"That light is quarter of the  
 effulgence of the Universe."*

# THE ADVENT OF GOD IN THE FORM OF LORD SHRII SHRII ANANDAMURTIJI, HIS MAHASAMBHUTI, FOR THE ESTABLISHMENT OF DHARMA ON EARTH

The Giita saya: YADA'YADA' HI DHARMA-SYA GLA'NIRBHAVATI BHA'RATA / ADYUTHYA'NAMA-DHARMASYA TADA'TMA'NASRJA'MYAHAM / PARITRA NA'YA SADHU'N'AM VINA'S'A'YA CA DUSHDRTA'M DHARMASAM STHA'PANAP'THA'YA SAMBHAVA'MI YUGE YUGE.

In the field of righteousness there are three categories of people -- first, 'Jivakoti' i.e. persons who are in bondage; second, 'Iishvarakoti' i.e. persons who are liberated; and third, 'Mahapurusa' i.e. the personality who is free and can control and direct as per His almighty spiritual force.

The persons who follow a righteous path, but who are bound up by time, space and person, fall into the first group. The persons who follow righteousness and who are liberated, come into the second category -- such persons have some spiritual power. When persons of the first and second categories fail to protect righteousness or fail to spread and establish righteousness, when sin, injustice and crudity become unimaginably powerful and people are looked down upon and neglected, when righteousness seems to have vanished, Saguna Brahma or Qualified Brahma takes the help of the five fundamental factors and incarnates Himself in the form of a human body. The Almighty Lord takes a human form, but He is not a human being. Such a personality is known as Mahasambhuti or Mahapurusa. He remains endowed with infinite powers and He is therefore able to overpower static forces and static people and establish righteousness in the world. The greatest sign of Mahapurusa is that He will take up the work of all-round human development (Jivakoti and Iishvarakoti will take up only partially the spiritual and social development of mankind).

On this earth, Lord Sadashiva, some 6,000 years back, came as His Mahasambhuti; after 3,000 years, Lord Krsna came -- both of them established righteousness. When there was a great clash between Aryans, Dravidian and Mongolians, and when honest people were disregarded, Lord Sadashiva was born. He brought about a blending between Aryans and non-Aryans and Mongols and propounded the highest spiritual science, Tantra, for the welfare of mankind. He was also known as 'Vaidyanath' (King of Medicine) as He contributed greatly to the field of medicine, and 'Nataraj' (King of Dances) because of His unprecedented innovations in the field of dance. The whole of India in particular, and humanity at large, were highly benefited by Lord Sadashiva. In the course of time, however, staticism again developed and the good and best people felt like fish out of water in the society. There was great exploitation and injustice perpetrated by unjust people such as the Kauravas, so Lord Krsna had to take birth to re-establish righteousness. During His time the war of the Mahabharata was fought in which the righteous people were supported by Krsna and the Kauravas were leading the opposite forces.

Such Mahapurusas as Lord Sadashiva and Lord Krsna were almighty personalities before whom the unjust, howsoever powerful, had to yield. Such Mahapurusas were born with a 'Samkalpa' (determination) to establish righteousness on earth and punish evil doers.

Today in this 20th century, materialism has developed to such an extent that the dark clouds of destruction are hovering all around. Each country is trying to swallow up the other. Look at Syria, Vietnam, Pakistan and Bangladesh, India and China -- all the countries are thinking of taking the other into their own power.

Russia, China, America and other such big powers are even thinking in terms of a third world war with physical force. Even between democratic, capitalist countries such as America, England, France, etc., there is no peace, rather they are out to gain control over each other by economic or other means. The two communistic giants, China and Russia, though they brand themselves with the same name, are not on good terms. This shows the lack of a solid political theory. Had their theories been solid, they would not have differed from one another; All the communistic and capitalistic would have been on good terms with their fellow communistic and capitalistic countries, but this is not so.

Let us take the field of religion. The communists declared religion as opium; in Russia, Christianity was finished, in China, Buddhism was done for. Religious-minded people were unspeakably maltreated. Wherever there is communism, kings, capitalists, landlords are butchered and punished brutally. This leads human society to animality and crudity; religion and God are destroyed. The brutal fight between Bangladesh and Pakistan is a glaring example of the brutality and animality of materially minded people.

Christians are highest in number in population in the world, yet Christianity died in Russia; Buddhism is part of 'Sanatan Dharma', so Hindu-Dharma died in China with the death of Buddhism there.

The Communists in India are bent upon to root out Dharma from this land. The Indian Constitution does not provide for the protection of Dharma. It proclaims a secular state. Thus we see that in a land with a vast spiritual heritage, there are many followers of prevalent political theories who are not in harmony with each other, and many religious people, belonging to certain sects, are not allowed to continue their practices.

With such a state of affairs, the world is going towards great destruction. The unjust, materialists, the dishonest and the unrighteous are dominating. All conditions indicate the advent of some great personality, a Mahapurusa. Such circumstances have compelled the Lord as promised in the Gita to take human form in the name of Lord Shrii Shrii Anandamurtiji.

Yes, the atmosphere of human destruction of the present day, the sufferings perpetrated by the evil forces on the righteous people, have compelled Parama-Purusa, the Supreme Father, to have His advent in the form of Mahapurusa, Bhagawan Shrii Shrii Anandamurtiji Lord Shrii Shrii Anandamurtiji.

The Mahapurusa comes with a great divine desire for human welfare. His 'Samkalpa' or divine wish means His desire for human welfare must be fulfilled -- it is not the desire of a human being which may or may not be fulfilled. As Mahapurusa is almighty, no body or no power can stand before the fulfillment of His desire. His mental plan or program must be carried out. When He starts implementing His program of all-round human welfare, however, the static force, His own force under His general cosmological order, creates hinderances by standing in forms such as Daksha Prajapati (the father-in-law of Lord Sadashiva, who opposed Lord Shiva while He was establishing one undivided human society), or Bhasmasur (a disciple of Lord Sadashiva who betrayed Him), or the Kauravas (who opposed Lord Krsna in the war of the Mahabharata), or Jarasandha (cousin brother of Lord Krsna who did not want to accept His divine advent) or Bali and Ravana who opposed Lord Rama. The Mahapurusa becomes the leader of the righteous forces and has to fight against the evil forces. Ultimately the static or evil forces must be defeated and the sentient or righteous forces come out with flying colours; the righteous forces must gain victory over the evil forces.

When Mahapurusa Lord Anandamurtiji started establishing Ananda Marga (Path of Bliss), and when through the medium of this organisation He started bringing peace and happiness to the masses, as well as inculcating in them a sense of morality and developing in them extraordinary intellect and intuition, by propogating Tantra-Yoga, there came a break in practices such as theft and acceptance of bribes among government servants. Those who practice Tantra-Yoga have to follow the moral codes of Yama and Niyama i.e. Yama - 1) Ahimsa (non-infliction of harm) ii) Satya (truth) iii) Asteya (non-stealing) iv) Brahmacharya (feeling of manifestation of Cosmic Consciousness or Brahma in everything) v) Aparigraha (avoidance of superfluous facilities and amenities of life;) Niyama - i) Shaoca (physical and mental purity) ii) Santosh (contentment)

iii) Tapah (penance by doing service to others) iv) Svadhyaya (self-study of scriptures) v) Iishvara Pranidhana (surrender to God, taking oneself as a child and God as Supreme Father).

Thousands and thousands of agriculturalists, businessmen, students, teachers, government servants, after learning meditation on the lines of Tantra-Yoga, began to practice strict morality. Those who were travelling without tickets on buses and trains, started purchasing tickets strictly; officers who were taking bribes, stopped taking bribes. In this way, people in all different spheres of life progressed in morality after following the path of Ananda Marga. This irritated the dishonest, the bribe acceptors, the immoralists in society and in the government machinery of India. The Congress people and the Communists especially became aggravated because where there is spirituality, there can be no scope for the materialism at which communism aims; Where there is spirituality, communism cannot flourish.

Lord Anandamurtiji has modernised Tantra-Yoga by His new inventions and contributions in the field of spiritual science, making it suitable for the modern world in accordance with changes in time, place and person. Therefore millions and millions of people in India and other countries have joined Ananda Marga. Tantra Yoga was scattered in different forms and Lord Anandamurtiji has synthesised it in the form of Ananda Marga spiritual cult. The tedious meditation aspects of Hathayoga and Tantra have been made easy by Him. This is the greatest grace of Lord Anandamurtiji.

When spirituality was presented as a spiritual science, as it is in Ananda Marga for the physical, mental and spiritual development of man, there came along with it a great renaissance in the intellectual sphere for now the intellectuals could accept spirituality with pleasure. The bogus slogan of 'religion is opium' was proved wrong, as spirituality is not simply a preaching of sermons, but it is a perfect science to equip man with peace and happiness, to provide him with good health and strength of mind, where intellect fails to fully satisfy man. Hence the communists,

aware of their own weakness, became anxious and impatient, and due to their jealousy of Ananda Marga, a spiritual organisation, they sought to turn the immoral government authorities of India against it.

When the communists want to finish spirituality they use these few cunning inhuman methods: 1. To propagate false character assassination charges among the masses against spiritual leaders.

2. To frame false murder charges against spiritualists.

3. To disrepute, in many other ways, the spiritualists in society.

4. To kill spiritualists, as well as their supporters, in order to instil a fear complex among them.

When Lord Anandamurtiji started extending the services of spiritual science, the communists became nervous, and the Russian communists with the help of the Indian communists made the Indian Government an instrument to defame and finish Ananda Marga. As a result, the Indian Government and its agency the Central Bureau of Intelligence of India, began to implement the methods described above by circulating false character assassination of the workers of Ananda Marga and by bringing false murder charges against some of the workers as well as Anandamurtiji himself. The CBI was especially deputed by the Indian Government under the instructions of the communists for fabricating false charges against Ananda Margiis.

That the Indian Government is in the grip of Russia is well-known to the world. Hence the Indian Government, forced to comply to the instructions of Russia under pressure from the Indian communists, started different types of anti-propaganda against Ananda Marga and even went as far as torturing and killing some Ananda Marga workers. The daily papers in India, due to pressure from the Government, printed anti-propaganda against Ananda Marga. The masses, which knew Ananda Marga as a benevolent socio-spiritual organisation, which created moralists and did social service, were misguided by the false news. Those who knew Ananda Marga intimately, however, were not misguided, and even these days millions of people in different countries of the world are joining Ananda Marga. Extensive service of Ananda Marga as a spiritual cult and as a social service organisation with many branches

for aiding suffering humanity, are going on in the United States, England, Australia, Africa, Germany, Sweden, Philippines and a host of other countries. Only Russia, out of fear, has not allowed Ananda Marga to propagate spiritual science there. The Russian leaders understand that if the spiritual science of Ananda Marga spreads in Russia, the masses will take to it and communism will die. Very recently a Russian writer named Ramalov wrote about the loopholes of communism and included an appreciation of Ananda Marga.

When the Indian Government saw that Ananda Marga, because of its popularity from its service in natural calamities, its educational institutions and other benevolent works, was not crumbling despite their utmost efforts, it ultimately banned Ananda Marga, closing down all its social service institutions and throwing thousands of Ananda Margiis, including women and family people, in prison.

The propounder of Ananda Marga, Lord Shrii Shrii Anandamurtiji, has been kept in jail for over four years on many false charges. He is being tortured in many ways. He was poisoned in the jail under instructions of the CBI, but the Lord could save Himself for the sake of His devotees and for the safety of spiritualism, just as Lord Shiva drank poison to save the gods. For investigation into the matter of His poisoning, He has written many letters to the Governor of Bihar, the Chief Minister of Bihar, the President of India and the Prime Minister her self, but all have gone unheeded. Even after requests from Amnesty International, and sympathetic senators, congressmen and MPs of democratic countries, the Indian Government is intentionally ignoring the affair, for if an official investigation commission were to sit, the poisoning would be confirmed and the guilty party

proved. A non-official commission, which included an ex-law minister of India and reputed advocates of the Calcutta High Court made on-the-spot enquiries and found the poisoning to be a fact -- this is mentioned along with all evidence in a report compiled by them entitled the Report of the Chakraborty Commission.

As a protest against this conspiracy to kill Him and against the injustices being perpetrated by the Indian Government, Lord Anandamurtiji started fasting and has been continuing for three years, living on one cup of Horlicks or less daily. This is another great proof of His advent, as there is no record in the world of a person remaining alive for such a long period by drinking only one cup of Horlicks a day.

Now I would like to give a clear, concise picture of the work of benevolence done to humanity throughout the world by Lord Anandamurtiji through Ananda Marga.

In 1954 Ananda Marga was established in Jamalpur, Bihar, India as an international socio-spiritual organisation. The organisation was established through the grace of Lord Anandamurtiji by His followers. Behind the establishment of this organisation there is a small story about Lord Anandamurtiji which proves His great spiritual advent. BA'BA', as Lord Anandamurtiji is affectionately known to His devotees, was one night sitting on the famous tiger's tomb in the form of Mahatantrikeshvar (Lord of Tantrikas), Mahakaul (He who can raise up the kundalini or serpentine coiled power of millions) and Kalpavriksha (He who showers blessings) with some of His disciples in Jamalpur. His body suddenly became cold as He wanted to leave off His mortal frame. He said to His

*One time a man remarked to Ba'ba' that others suffer because of their Samekaras. Ba'ba' got angry and said,*

*"Don't think about that, that is the duty of Prakrti, your duty is to serve".*

disciples gathered there, 'Ask for anything you want'. (One of them was Superintendent of Central Excise and another a contractor; both of them are still alive and when people hear from them how BA'BA' remained alive for the welfare of humanity, they become over-whelmed and weep.) On hearing from Him that within a few minutes He was going to leave off His physical body, the disciples became anxious. One of them, a well-known Ananda Margii, Nagina by name, said, 'BA'BA', will you give me what I desire?' BA'BA' replied, 'I have given you word, hence whatsoever you ask for I will give.' Then Nagina requested, 'BA'BA', if you are so pleased, kindly promise to remain alive for 50 years more for the welfare of the universe.' Gracious was that night for the world, when Lord Anandamurtiji promised to remain alive for 50 more years for the welfare of all.

He has given His word, but already His body had become extremely cold. What was to be done? BA'BA' said to His disciples gathered there, 'Massage the body and bring water from that corner of the field'. The massage started and the body became warm. Water was brought and He took it. BA'BA' revived life. His normal health returned after a few minutes and then He asked, 'What shall I do for these 50 years? He answered Himself, 'I will be alive for 50 years more for the welfare of the universe;' He further added, 'There will be a spiritual organisation called Ananda Marga (Path of Bliss). Through this organisation I will do welfare work for the universe as promised.' So Ananda Marga was established by His kind grace. For general information, BA'BA' was at that time working as an officer in the accounts section of Jamalpur Railway Factory, Monghyr, Bihar, India.

There is also a small story of how BA'BA' made Bindeshwari come back to life. In Jamalpur, His disciple, Bindeshwari, died. BA'BA' suddenly came to the dead body, touched it and Bindeshwari came to his senses. As he brought back to life due to the spiritual touch of the Lord, Bindeshwari always remains in spiritual ecstasy. Still these days when you talk about BA'BA' before Bindeshwari, he goes into ecstasy after only hearing the Lord's name. These are a few proofs of the Lord's advent in the form of Lord Anandamurtiji.

Ananda Marga was established. Initially it was just a few disciples directly initiated by the Lord who started doing the work of spreading spirituality along the lines of eight-fold yoga and newly propounded Tantric practices. The methods of practice are the scientific processes of Prarambhik yoga, Sadharan yoga, Sahaj yoga and Vishesh yoga.

Why was it named Ananda Marga? In this created universe everybody likes peace and happiness, but in this universe, whatsoever one finds, only increases the desire for more things. When desires are not fulfilled, one becomes unhappy. If a person possesses a hundred rupees, he wants a thousand; when he becomes a millionaire, he wants billions. In this way, a poor man can become a rich man and yet is not satisfied. Why? Because human beings are spiritual beings; their unit consciousnesses were originally Cosmic Consciousness or Supreme Consciousness. As a person's unit consciousness is part of Supreme Consciousness, who is infinite, so he has infinite desires. For this reason human beings are not satisfied by finite worldly objects. Until and unless one reaches to the depths of one's original state of consciousness, one cannot be satisfied. Where can one find that state of consciousness? One's unit consciousness is part of Supreme Consciousness, so one will have to know one's own consciousness. To know the unit consciousness there is necessity of concentration of mind. The practice of concentration of mind to know consciousness is called meditation. But meditation is not a simple process. This body is called Annamaya Kosa. In order to perfect it, one has to practice asanas (yogic postures). The crudest mental sphere is called Kamamaya Kosa. In order to make it perfect, one has to follow the moral codes of Yama and Niyama. A subtler part of mind, or the next mental chamber is called Manomaya Kosa. In order to make this portion of the mind perfect, one has to learn Pranayama (breath control) and practise it. A still more subtle chamber of the mind is Atimanas Kosa. To make this chamber perfect, one has to do the practice of Pratyahara or withdrawal of mind from worldly objects. The next most subtle mental chamber is Vijnamaya Kosa. In order to perfect this portion of mind, the practice of Dharana or conception is necessary. The last and subtlest chamber is Hiranmaya Kosa. This chamber of the mind is to be made

perfect by meditation. Hiranmaya Kosa is the seat of consciousness. By meditation this consciousness is to be realised. Realisation of this unit consciousness is realisation of Cosmic Consciousness or Supreme Consciousness. This Supreme Consciousness is an entity of infinite bliss. The path by which one will be able to know the blissful Brahma or Supreme Consciousness is called Ananda Marga -- 'Ananda' means 'bliss' and 'Marga' means 'path'. The meditational practices or the spiritual cult of Ananda Marga, thus teach one how to acquire peace and bliss.

Those who started following the spiritual cult of Ananda Marga on the basis of eight-fold yoga became healthy by practising asanas and pranayama. By the practice of asanas, weakness of nerves is removed, defects of glands are rectified, proper hormone secretion from glands is well maintained, bad feelings of mind i.e. mental propensities such as fear, lust, etc., are controlled, and many chronic diseases are cured. By the practice of pranayama vital energy is created or fetched from the atmosphere and is preserved in the human body. In the human body there is a ten airy system. These airs are known in Sanskrit as Prana, Apana, Samana, Udana, Vyana, Naga, Kurma, Krikar, Dhananjaya and Devadutta. This airy system is controlled by pranayama, therefore many diseases are cured by the practice of pranayama. Controlling the airy system helps in controlling the mind.

Pratyahara helps in withdrawing the mind from external stimuli and keeps it from running away to different worldly objects and prepares it for meditation by making it one-pointed. Dharana is the practice of conception of a few objects as prescribed by the preceptor. When the mind is able to have conception of a few selected objects, it develops the capacity for meditating on only one object, the Supreme Consciousness. Meditation helps in controlling all the propensities of mind which are 1,000 in number. Meditation helps the mind to be expanded into Cosmic Mind and then the unit consciousness can be merged into Cosmic Consciousness. One gets pain when the propensities of the mind arise. When there is an arrangement for controlling the propensities and also for the merger of unit consciousness into Cosmic Consciousness, there is bliss and bliss, happiness

and happiness. This is the work of yoga -- 'Citta vrttih nirodhah yogah'; 'Samyoga yogo ityukto jiiivatman paramatmanah' By meditation, human beings of the universe, who are suffering, who are pained, find peace and happiness.

Therefore, thousands and thousands of men and women, right from children to old folk, were benefited by the meditation aspects of Ananda Marga. It spread speedily to all the corners of India first, and afterwards, the Acaryas or spiritual experts took it to all the parts of the world. Its spiritual cult spread like wild fire. People who joined Ananda Marga were blessed with good health, they gained mental peace as mental tensions were relieved, they gave up taking LSD, hashish and other intoxicants as they experienced divine ecstasy through meditation, they increased their mental stamina. The rising of kundalini (coiled serpentine power), hearing of cosmic sound (omkar dhvani), ideational concentration (bhava samadhi), savikalpa samadhi, nirvikalpa samadhi and other samadhis became a usual practical realisation for aspirants by the grace of Lord Shrii Shrii Anandamurtiji, as universal spiritual Preceptor or Sadguru. Spiritual aspirants could feel the spiritual vibration and transmission of spiritual wave. BA'BA' (Lord Anandamurtiji) demonstrated different samadhis to thousands of Indians and people of other countries of the world. The secrets of the mystic world of spirituality became real for the people of Ananda Marga. Disciples developed faith in the universal preceptorship of Lord Anandamurtiji due to the above described spiritual qualities.

Ananda Marga wants to establish a casteless, creedless, colourless, undivided human society throughout the world. Therefore, Ananda Marga wants to establish human beings in the spiritual sphere beyond the reach of caste, creed and colour.

BA'BA's wish for one undivided universal blissful human family (Akhil Vishva Ananda Parivar) started taking shape. Now people of different countries of the world sit together on the platform of Ananda Marga just as family members with love and affection. They don't want to use the word 'foreigner' with each other because they now belong to the same family. They collectively think to solve the problems of the world by acting jointly as family members.

Certainly the disciples of Ananda Marga serve humanity in a programmed way as that is part of their meditational practice i.e. Tapah (to do penance by service to others). Ananda Marga has a long record of relief work done at the time of drought, flood, earthquake or out-break of serious disease; the work included distribution of free food, clothes, special diets for the sick, medicines, etc., in countries such as India, Philippines, Kenya, Nicaragua, America, etc. The Indian Government for years had happily given subsidised materials for distribution to the suffering to the Relief Secretary of Ananda Marga in India, as they knew it to be a moralist organisation. In support of the same fact, many high Government officials of India, such as district magistrates, governors, relief officers, et.al. issued certificates for commendable service to Ananda Marga. To-day AMURT -- Ananda Marga Universal Relief Team -- is doing relief work in many countries of the world.

When, by His intuitional eyes, Lord saw that there was no proper educational system in the world, He gave an educational system called Ananda Marga Educational System. He says, 'Sa' Vidya' Ya' Vimuktaye' -- meaning that real education is that which leads to liberation. Bondages are in the physical and mental spheres, so the knowledge which relieves man of the sufferings and pains of bondages is real education. Intellectual knowledge tries to relieve human beings from certain handicaps in the physical and mental spheres, but it becomes helpless in the long run to solve human problems. Therefore, education should help human beings to have knowledge in the physical, mental and also the spiritual sphere. It should make the pupils physically fit, mentally strong and spiritually evolved. There was not a single educational system in the world, however, which aimed at the development of all three spheres of human beings as detailed above. The Macally education system and the Basic education system of India have created unemployment among students and have caused a deterioration of morals. So BA'BA' has graced the modern world with a new, complete educational system which is the Ananda Marga Education System. The basis of this education system is spirituality and morality. In it, children from the early age of 4-5 years learn meditation which

makes them intelligent quickly, develops memory and power or grasping. The curriculum is such that they become disciplined automatically. They practice morality in their schools and colleges. Also they are taught DESMEP, a special feature of this education system: D stands for discipline -- this teaches them how to be loving and obedient to parents and seniors and makes them disciplined in society.

E stands for etiquette -- they learn practically how to behave with different people in different places at different times.

S stands for smartness -- they receive practical training in smartness.

M stands for morality -- they learn to follow the rules of the moral code of Yama and Niyama which they apply in practical life so that they become moralists in home and in society.

E stands for English -- today English is the 'lingua-franca' of the world, so along with their mother tongue, the students must learn English as the countries of the world are ever becoming nearer and nearer due to new inventions in the field of travel.

P stands for pronunciation -- people of different countries pronounce English in different ways; for facility in understanding and communication there should be a standard of pronunciation and that has been properly adopted by this education system.

A befitting definition of education has been given by Lord Anandamurtiji. It is given below:

- E - stands for Enlargement of mind.
- D - stands for DESMEP as detailed above.
- U - stands for Universal outlook.
- C - stands for Character.
- A - stands for Active habits.
- T - stands for Trustworthiness.
- I - stands for Ideation of the Supreme
- O - stands for Omniscient's grace
- N - stands for Nice temperament

The children who are educated or will be educated in the institutions run under the guidance of this education system will be well-behaved sons and daughters to parents, moral helpers of the society and perfect universal citizens who will bind this whole world by one thread of love and affection and make this world a heaven.

In the Ananda Marga Education System care is taken for proper physical growth first. In order to remove the defects in any part of the body, to correct nervous trouble or defect of the glands, asanas (yogic exercises), the most scientific exercises, along with pranayama (breath exercises) are taught to the pupils. One important point to observe is that children in tropical countries at the age of 12 and in cooler countries at the age of 14 develop prostate glands or sex glands. At such time the sex urge naturally develops within them and they may be diverted to sexual allurements. This may result in excess loss of semen or ova which is undesirable and injurious to children. Semen is the food of the brain. When they lose this very important matter or essence of the body, they become weak-minded. As a result they may leave off study, leave home and society or become burdens to the family and society. Their health becomes poor. So for intellectual and spiritual development, semen preservation is necessary. Hence to find intellectual progress and spiritual development of children asanas are prescribed according to necessity. There is no such arrangement in any other education system of the world. It is for this reason that wine, hashish, LSD, biri, cigarettes and other intoxicants which are detrimental to physical and mental health enter into the lives of children. In order to create healthy human beings, compulsory training in asanas and other mental trainings on the basis of meditation are a must. In order to create a moral and spiritual atmosphere for the students, the teachers also must be trained in meditational science.

If you get the chance to see any institution running on this line, please meet with the children and see how well-behaved they are and how speedy their intellectual growth is. Hundreds of such institutions were running in India, and due to their progress were becoming very popular.

If this education system is introduced even where there is not cent per cent education in under-developed countries, cent per cent education is possible. The following method can be instituted: a hostel system where there is 1. a general hostel in which children whose guardians who can pay full hostel charges are housed, 2. a hostel where children whose guardians who can't afford to keep their children in general hostels due to

poverty stay, where the charge is less as it is subsidised by Ananda Marga raising funds from public contributions, and 3. a free hostel or children's home where those helpless, guardian or parentless, poverty stricken students who are usually deprived of education may be well kept with provision for free food and free education, as all expenditures are borne by the organisation which is dependent on public contribution. In India, small kiddies who had joined Ananda Marga children's homes have become graduates now.

In another facility of Ananda Marga, the Academy of Light, invalids and semi-invalids such as the lame, blind, deaf and dumb are kept, properly clothed and fed. They are also given education and taught some crafts.

The Women's Welfare Department of Ananda Marga is active in helping the womenfolk in various ways. Sisters' homes provide happy lives to those neglected girls and ladies who, in the society, had no alternative but to lead wayward lives. They can pass their pious lives at such homes and engage themselves in meditation and service to humanity.



*Once a small boy was complaining to Ba'ba' about his big duties. Ba'ba' laughed and said I give duties to everybody even to the tiny baby. When Ba'ba' was asked what duties He gave to babies, He said, "To the baby I give the duties to sleep, eat and cry!"*



The service of sick persons, either suffering from acute or chronic diseases is very essential. Therefore at different places allopathic, homeopathic, ayurvedic, yunani and natural-cure clinics are started to provide treatment to patients.

To serve the backward communities and aboriginals, the Aboriginal Welfare section of Ananda Marga is active.

In these different manners Ananda Marga

is doing welfare work for humanity at large.

Now, I want to say something about the Tantric Kapalika meditation done by the disciples of Ananda Marga. Great rumours and misunderstandings have been created by the opponents of Ananda Marga about this type of meditation. Through many of the newspapers of India, people have been misguided about this type of meditation, therefore I would like to give you a clear picture of it.

The meaning of 'kapalik' is: 'Kam pa'la'yati iti kapalikah' i.e. those who take the responsibility of human service of the whole universe are called 'Kapalik'. So those Tantriks who employ themselves in complete human service at large are Kapaliks.

I will try to explain what Tantra is. The first propounder of Tantra was Lord Sadashiva. What is the meaning of Tantra? There are two words (Tan + tra). 'Tan' is the acoustic root of crudeness; 'tra' means that which relieves; so 'tantra' is that which relieves from the bondage of crudeness. Another meaning is 'Tanu' + 'tra'. 'Tanu vista'ra' means that which relieves from pains and sufferings by expanding the mind into Cosmic Mind; so Tantra leads to liberation or emancipation.

Tantra has two aspects, the theoretical and the practical. The theoretical aspect or the scriptures which explain the theoretical aspect of spirituality are called Nigama; and the whole Tantric and Yogic practical meditational aspects are called Agama.

In regard to the skull which is used in Kapalika meditation, the opponents have propagated misleading information to the people through the Indian papers. This is an old tradition of Kapalika Tantriks, to use human skulls in their meditation. Lord Sadashiva was always remaining in burial grounds or near funeral pyres for His meditation. In Sanskrit there is a line: 'Shmashanam Vasantam Shivam Shankaram Svayambhunatham Bhajam' which means, 'I contemplate Shiva, who is benevolent and is remaining in cemeteries'. The human skulls are used as apparatus for Kapalika meditation. These skulls are very easily available in India at burning places or in burial grounds or from medical colleges. Kapaliks purchase skulls from watchmen of burial grounds or burning places or from medical colleges.

Kapalika meditation is mostly done at night at burial grounds, forests, riverbanks, ocean shores, or any other deserted, lonely places. This meditation quickly removes fear, doubt, hatred, etc., and makes the spiritual aspirants brave. One does kapalika meditation in lonely places so that one may suddenly surrender to God in complete helplessness and rely wholly upon Him. Thus the mental force of one who does kapalika meditation increases enormously in a short span of time, and this mental force is connected with spiritual force. It is a speedy type of meditation. Ramakrishna Paramhansa was also practising this type of meditation after learning from Bhiravi Devi, a lady tantrik.

Oh people of the earth, I have come to convey to you this message of the Lord, that the most beloved of yours, who loves you in the depths of your hearts, has come to give you love in the physical, the mental and the spiritual spheres, but that the enemy of humanity is putting obstacles before you. He wants to test you. You will have to understand the test. The tests and the obstacles are being created by the non-believers of God, tests are being created by the opponents of spirituality, tests are being created by the selfish persons, those who are ignorant of spirituality. They have put up the obstacles of doubts towards His love, doubts towards His existence, doubts towards His advent. Don't be bewildered by these clouds of doubt and suspicions. His most loving heart and His peace and happiness-giving, most blissful love is open for you. He is calling you. After thousands of years He has come in form to show you love, to love you. Oh human beings! Oh sufferers! Run, run to Him; He is in flesh and blood. Don't only talk of scriptures.



One time Ba'ba' was walking with His personal assistant, Ba'ba' asked him - "how long does it take for your eye lid to close?" - The Avadhuta said it only takes a fraction of a second.

"Ba'ba' said in less time than that I will give you realization of all things."

Don't talk of the past and misuse time. He is in form today. He has come to love His creation. He is extending His love expressed in the form of service of Ananda Marga to all humanity and other created beings. This is His physical love and service.

His psycho-spiritual love in disguise is running to you too, is following you even without your call. His love in disguise is service from unknown persons, guidance and help from unknown persons. He is caring for your health through some medium; He is caring for your food through some medium; He is caring for your intellectual and spiritual progress by His subtle body, by His spiritual body. Sometimes you may be aware of it, sometimes you may not.

Oh those are blessed ones who are in His direct contact through Ananda Marga. And they are also blessed who have faith in God; who have belief in the existence of God, who believe in spirituality. Whether they say God, Khuda, Allah, Bhagawan, Ishvara or Paramatma, matters little. Those who are doing any type of worship or prayer having faith in God, those who are following the path of morality, they are all blessed and lucky.

Why be engaged in books and scriptures when God is in form? In the form of Lord Anandamurtiji. He has come to love all. He will save you because a disastrous plan for the destruction of humanity is afoot from the enemy side (i.e. the non-believers of God). So all God believers come on one platform, that of the living God, Lord Anandamurtiji. He wants to see how much love, how much devotion you have for Him. For the reason of this test He has gone in the hands of the enemies. He wants to see what you can do for Him. He wants to see if you are with Him as the disciples of Jesus, as the followers of Mohammed Saheb, as followers of Buddha, as the followers of Ram, as the followers of Krishna, as the followers of Lord Shiva, who had to face the hordes of the unjust, but who all became victorious in the long run. So all believers of God, come on and become His party people and save righteousness.

The personal experiences of hundreds and thousands prove that He is almighty. He only wants to see your courage and valour. Oh! righteous people, you are only to do your duty, to save Dharma, to save righteousness. His almighty powers will work through you. If,

*Another time - some persons were massaging Ba'ba's body when suddenly He kicked. They were confused so He explained that each night He had to touch His little toe as there was some danger of Him leaving His body. That night He had forgotten to do so, and He apologized -, it was His mistake.*



after all efforts, you still seem to be helpless then Prakrti, the almighty force of Him will show the path to all, will teach a lesson to all.

Then, oh human beings! I loudly say, I boldly say, you will see storms, thunder and lightening bolts, floods, earthquakes, natural calamities and the out-break of epidemics, and you will suffer. Those who have done wrong will suffer; those who have kept quiet and tolerated injustice, with the blind, bitter, sharp, natural weapon of natural calamities, Prakrti will punish you and then for safety you will cry, Oh BA'BA'! Oh Lord!

So I warn you, try to know Him, try to understand Him, the almighty, but most affectionate and loving for all and favourite for those who obey Him, who have faith in Him.

He is kind, affectionate, loving, but His better half, Prakrti, is blind. When she becomes angry on you, nobody can save you.

Ask Indians. He has been tortured, He has been poisoned, He is being kept in a most unhygienic cell, without windows, a small dingy cell of a prison. Prakrti became angry and there was extra-ordinary floods in India, the like of which India had never seen before, especially in Bihar; Patna was submerged in water; houses and streets which had never seen flood before were covered in water. There was the disastrous mine calamity in the Dhanbad area; there were droughts at many places of India; there were earthquakes; but I tell you these were simple samples of Prakrti's wrath, small proofs of the anger of the Cosmic force. She is creating and will

create many natural calamities, but people are blind, they are unable to understand why these extra-ordinary troubles are occurring.

You can very well imagine the wrath of the Cosmic Force when she will attack in full. All will cry, all will weep, nobody will be able to help; no power on earth will

be able to save you. So this is my warning to one and all. If you believe, you will be saved; if you do not believe, you will reap the bad consequences due to the blind, decisive attack of the Cosmic Force.

So all of you join together and sing "Ba'ba' na'm Kevalam" and enjoy bliss.

Ba'ba' Na'm Kevalam

O Lord, kindle in this heart  
The spark of Thy sweetest love  
Release the irresistible force of Thy divine attraction  
and enable this mind to ignore the world and it's lures  
and to be drawn into Thee O Lord!  
My Lord, My Sweet Lord, My Sweetest Lord!

Ac. Pranavananda Av.

Presidency Jail

8/10/75

Chorus: O Ba'ba' mine liberator Thou Art  
Reliever of worldly afflictions Thou Art  
O Ba'ba' mine liberator Thou Art.

Whenever I falter, Thou giveth me strength  
My mother, my father, my all Thou Art  
O Ba'ba' mine liberator Thou Art  
Reliever of worldly afflictions Thou Art  
O Ba'ba' mine liberator Thou Art.

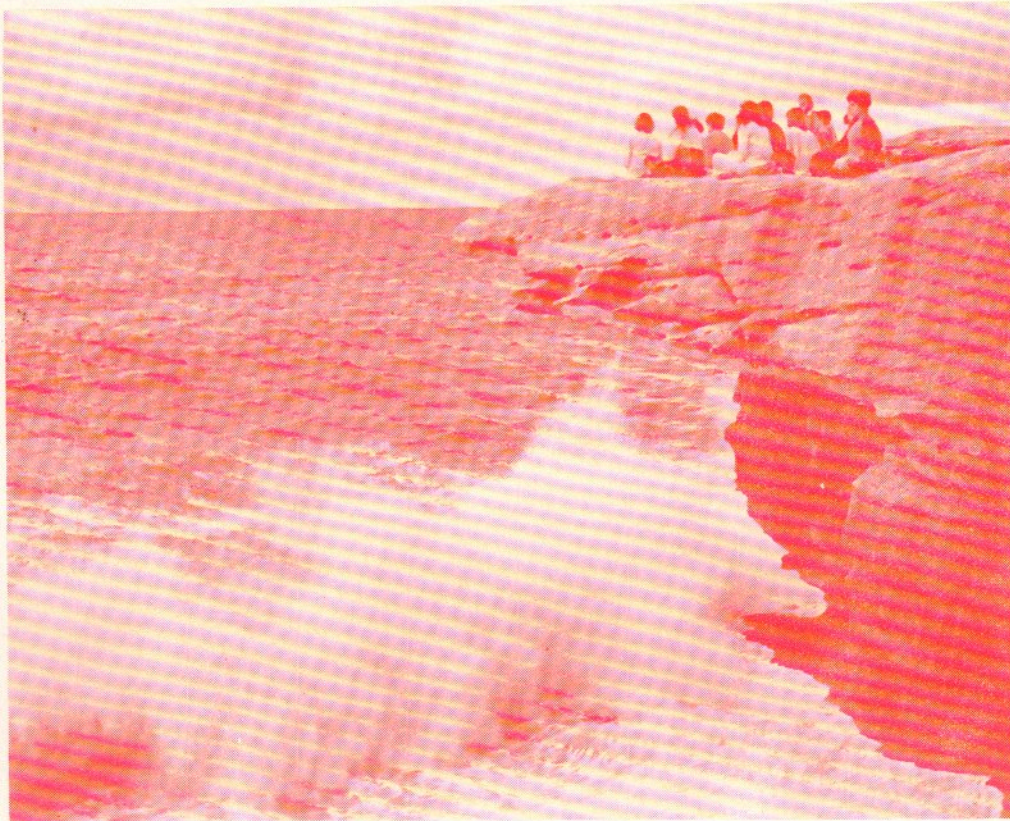
Whenever I waver Thou maketh me firm  
My brother, my sister, my all Thou Art  
O Ba'ba' mine liberator Thou Art  
Reliever of worldly afflictions Thou Art  
O Ba'ba' mine liberator Thou Art.

Whenever I stray, Thou bringeth me back  
My Mentor, my guide, my Master Thou Art  
O Ba'ba' mine liberator Thou Art  
Reliever of worldly afflictions Thou Art  
O Ba'ba' mine liberator Thou Art.

Thou Art my strength, Thou Art my weakness  
My shadow, my light, my shelter Thou Art  
O Ba'ba' mine liberator Thou Art  
Reliever of worldly afflictions Thou Art  
O Ba'ba' mine liberator Thou Art.

Thou Art my lover, Thou Art my sweetheart  
Thou Art my friend, Thou Art my foe  
Thou Art my mind, Thou Art my soul  
O Ba'ba' mine liberator Thou Art  
Reliever of worldly afflictions Thou Art  
O Ba'ba' mine liberator Thou Art.

Av. Pranavananda Av.  
Presidency Jail  
30/10/75



# Tasya Rupam Alaokikam

## (His Form is Superhuman)

"TASYA RUPAM ALAOKIKAM"

This is a quotation from the book entitled Guru Tattvam, by Ac. Shivananda Avadhuta.

That formless, that colourless, that soundless, infinite entity, who is transcendental, stages drama, stages play. A formful drama, a colourful drama, a multi-formed, multi-coloured, multi-sounding play. A vast arena of play starts; Rasaleela starts, a drama with enjoyable atmosphere is leela, a divine leela, a cosmic dance. There is enjoyable essence, rasa, hence it is called Rasa - leela. Multiplicity of enjoying stage, the rasa expresses in void, vast, nay infinite playful cosmic mind, the macrocosm. Hence,

most peculiar objects innumerable and not similar to each other; being so not a single object in this universe is identical. In the cosmic mental arena of play or drama appeared a vast space for physical drama; this is etherial space or sky. On this vast space He started His multiple drama. He started singing; melodious sound vibrated the cosmic and was expressed in enchanting sound. The cosmic flute played and sweet harmonious, pleasing, blissful sound was transmitted vibrating the cosmic mind and thrilling the etherial sphere by its melodious sound, called Pranava, the cosmic sound, the onkar Dhvani. This sound is expressed in uncountable sounds in different languages, songs in different

ragas, sounds of wind, rain, ocean, rivers, trees and jungles, human beings, insects, creepers, animals, etc. The same one Cosmic sound due to multiple characteristics was expressed in thousands of sounds, the play or exhibition of sound, the cosmic song. So in the vast empty stage of sky, the cosmic flute first blew the sweet song and sound was heard. The sound has to travel, had to be carried to the beloved ones, so there should be swift conveyance. There appeared in the empty stage of sky, the carrying object, the cosmic conveyance to carry the cosmic song, the melodious message of love to His beloveds. The air, the swift running dancer appeared, with sweet breeze sweetening the vast atmosphere, cooling the cosmic stage of sky. So the sound, the cosmic sound, the Pranava, the onkar getting the most suitable conveyance, moved, travelled, and danced according to cosmic will, played well expressing in sweet voices, sweet sounds, it danced so much that it changed into other coarse and harsh sounds; thunderbolts, heart breaking sounds of clouds appeared.

The appearance of another scene on the stage was necessary. Then there flashed light, the whole arena of space was lighted. The play of this luminous started, hot intolerable redish and yellowish and light yellow, white mild cooling soothing lights flashed in the cosmic drama's space of sky. Many named, and innumerable still unnamed light structures are playing in the cosmic arena of etherial space. Nobody knows when it started and when it will cease. So now sound, song with colourful structures staged drama, decorated, attractive, drama appeared, full of lights. The cosmic wave, the affectionate wave, the loving wave changed it's course and there danced the honeyed, nectarial drops of vital life energy liquid, which is also called 'Rasa' in Sanskrita. This play of form started ocean, rivers, rains, drizzles, dews, sweet, cooling liquid peace-giving breezes; all these structures appeared in the dramatic stage of the cosmos. The play has many structures, many appearances. He wanted the play to be more expressible and there danced solid structures. Earth, mountains, hills with lofty tops, snow white peaks and a host of other solid structures appeared. When this drama was staged He was singly enjoying. But He was not happy singly enjoying. He wanted others to also enjoy and witness the drama. Mosses, grasses, jungles, gardens, flowers, appeared to decorate for the witnesses of the beauty of the drama. Then

the enjoyers of the drama appeared in different forms; in insects, birds, animals, and human beings; He appeared on the dramatic stage. Now the full play started.

*Once after a lengthy argument with one devotee on the possibility of establishing world government despite the absense of moralists in the world, the devotee over and again repeating his doubt that such a thing could possibly be done, Ba'ba' became impatient - He stood up, banged His fist on the table and said with great force.*

*"I am Kalki Avator, and I say I can do it!"*

Now the dense, dense drama started. The play went on with players and one witnessing entity plus innumerable number of witnesses. His family while seeing the drama leave His flute became apathetic and wanted that He should not witness the play in disguise but that He should appear and see the play in form. So He had to appear, the formless in form, in single form with infinite character. He appeared and kissed and loved and remained with His favourite chosen and privileged ones. He started giving direction to the play, the greatest director, who directed from behind not on the scene itself. He appeared on the scene, He played and made the play more attractive; so He was seen physically. He was seen in a form.

Some started saying of Him - He is not what is told, Infinite with finite structure? How can it be? and self - deceived they mislead others. They told - He is form finite. He is 'Rupa' how can He be 'Rupateeta'. How can he be formless. To be both is not possible. But we have seen even players of a drama, change their materials and change their voices and appear on the scene or stage and seem to be different persons. If one ordinary person becomes unrecognizable, how can you recognize the one who has staged the un-understandably big drama of this void sky to solid earth structures. So it is beyond the scope of

understanding on the human level.

Look at a tiny, banyan tree seed. After seeing such a minute seed nobody can imagine of such a gigantic tree as the banyan. How can the possibility of such a gigantic expressive capability lie hidden, dormant in the banyan seed. But we are convinced when in proper congenial atmospheric conditions and suitable soil with proper moisture, the seed sprouts into a very small plant and grows in years into such a big tree that hundreds of men and animals can take shelter under its shade. So when we can not understand the growth of the banyan tree from a tiny seed, how can we expect to understand Him and His form, whose small ectoplasmic cells can produce millions of planets, stars, moons, suns, and the earth. Numerous species of plants, insects, animals, all living on earth and different planets which are all possible from some portions of His mental ectoplasms, which are all not known or knowable by human mind, how one can know of that existence from which everything is coming out?

One, who by His spiritual power is rousing the kundalini (serpentine coiled power) sleeping divinity in human beings, thus making them developed souls. The person in the beginning may be an immoralist, may be a terrible debauchee, may be a robber, may be a cheat, but when he comes in contact of Him becomes a Saint, a spiritually evolved soul, thus serving thousands and thousands, bringing them on the proper path of truth, morality, and showing them the divine light in order to discriminate between good and bad thereby developing their consciousness. He rouses the kundalini of millions of the spiritual aspirants remaining in different parts of the world though they be thousands and thousands of miles away. By what means of communication? Wireless, phones, no, nothing of the sort. His communication is His spiritual power, the subtlest communication.

One who by His Holy Presence (darshan) has made the impure pure in minutes. One who has elevated most ordinary human beings to spiritual heights, making them realise the different divine states called samadhies, by His holy touch and vision. One who by His divine wish and holy touch has cured the diseases of thousands and thousands. One by whose holy darshan ordinary persons have become extraordinary people, have become Siddhas

(possessor of occult powers), many have developed different mental faculties, as the cranium of brains have been developed simply by His Holy darshan or touch. Hundreds are they, in whom the power of writing, composing, poems, oratory, thus becoming good writers, poets, orators, singers, etc.

How can He be a worldly person? How His body can be called Human? Really He has a form, but that form is super human, otherwise above mentioned superhuman activities by Him would not be possible. He has kept that form so that human beings may come in His physical contact. It seems to be a human body. It is, but as It is connected with the cosmic mind and supreme consciousness and the exhibition of macrocosm and cosmic consciousness is done through the medium of that body. So that body is not a worldly or human one. Many times those graced souls who are able to see His divine personality through the medium of that superhuman body, really find that it is not an ordinary body. Therefore, the book entitled 'Guru Tattvam' speaks - Lord Ananda-murti's advent has been in a human form still that is superhuman.

And then the writer in the following lines sings His glory:

Oh Lord of the lords!  
Oh Lord Anandamurti!  
Oh Loving Baba!  
We bow down to Thee!

"YOU ESTABLISH WORLD GOVERNMENT AND I WILL  
CONSIDER THAT YOU HAVE DONE SOME WORK."

- BA 'BA' -

# CONTEMPLATE BABA, BABA. CONTEMPLATE ANANDAMURTI, ANANDAMURTI

Shivananda

23/4/76

1

The relieving mantra, only relieving mantra of the time.  
 Relieving sacred word for pain, only sacred word for the time  
 Scriptures speak of many sacred words, Baba is the sacred word of the time  
 Spittitual teachers speak of different sacred words, is Anandamurti the sacred  
 word of the time,  
 Hence, oh sufferers! Come on Contemplate Baba Baba  
 Hence, oh pained! come on contemplate Anandamurti, Anandamurti.

2

Baba is the only saviour of the time.  
 Anandamurti is the only saviour of the time,  
 Respect all Shiva, Krishna, Ram, Khuda, Jesus.  
 But Allah, God, Bhagwan, Baba is of the time.  
 History is of the past, Baba is of the present time,  
 Hence, oh sufferers! Contemplate Baba, Baba.  
 Hence, oh pained! come on contemplate Anandamurti, Anandamurti.

3

Time to time He, the supreme Father comes in form,  
 Comes to love His progeny, the created beings,  
 Time to time He comes with some name and form,  
 Comes to save, comes He to His children, created beings.  
 Hence oh sufferers! come on and contemplate Baba; Baba,  
 Hence oh pained! come on contemplate Anandamurti, Anandamurti.

4

Do not speak of only old scriptures, see, here is living God.  
 Don't be orthodox, Don't be only imaginery, see here is living God  
 If you believe scriptures and sermons, see here is your living God,  
 He has taken your sins, He has taken your vices,  
 And is suffering for you, oh loving living God.  
 Hence oh sufferers! come on and contemplate Baba, Baba,  
 Hence of pained! come on and contemplate Anandamurti, Anandamurti.



Forget all differences, forget all separatism, oh children of Lord!  
 Forget nation, race, colour, commune, see and enjoy here is your living Lord!  
 Come on all and join together, be one all, only God in form, here is living Lord!  
 Have faith, thousands have got by seeing Him, your loving Baba, the living Lord!  
 Hence, oh sufferers, come on and contemplate Baba, Baba,  
 Hence oh pained, come on and contemplate Anandamurti, Anandamurti.



**Tubhyam Eva Sama'rpayet**

# BABA NAM KEVALAM

